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# DOCUMENTARY CONNECTS METAL MUSIC'S ROOTS SCENE {page 16}

# DON'T EAT IT FROM THE CAN TUNA TACOS



# DESPITE RISE OF EBOOKS, LIBRARIES BUSY AS EVER

The image shows the Ottawa Senators logo on the left, featuring a Native American head with a red headdress and a golden helmet. To the right of the logo is the text "Sens® BIG Save" in a bold, black, sans-serif font. Below the "BIG Save" text is the Canadian Blood Services logo, which consists of a red blood drop shape above the words "Canadian Blood Services".

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# Canadian Blood Services

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# OTTAWA metro

# Friends of Lansdowne to argue law, not facts

- ▶ Friends allege city acted in bad faith, broke procurement bylaws and contravened the Municipal Act by ‘illegally bonusing’ OSEG



**JESSICA  
SMITH**  
**@METRONEWS.CA**

The Ontario Court of Appeal will hear the Friends of Lansdowne's case today in Toronto.

The group is appealing Justice Charles Hackland's July decision to dismiss their application to quash the city's agreement with Ottawa Sports and Entertainment Group (OSEG) to redevelop Lansdowne Park.

Hackland ruled against the group on all three planks of their case and found that the court has

very little authority to overrule a decision of elected municipal council — something the Friends of Lansdowne believe they're less likely to hear at the Court of Appeal.

"Superior courts are not at all reluctant to overturn the decisions of elected government," said Friends member Ian Lee.

Friends member Ian Lee. Lee said he's "very cautiously optimistic" about the Friends' chances at the appeal and personally hopes the case is ultimately heard by the Supreme Court of Canada so that it sets a nationwide precedent that limits the power of municipal government.



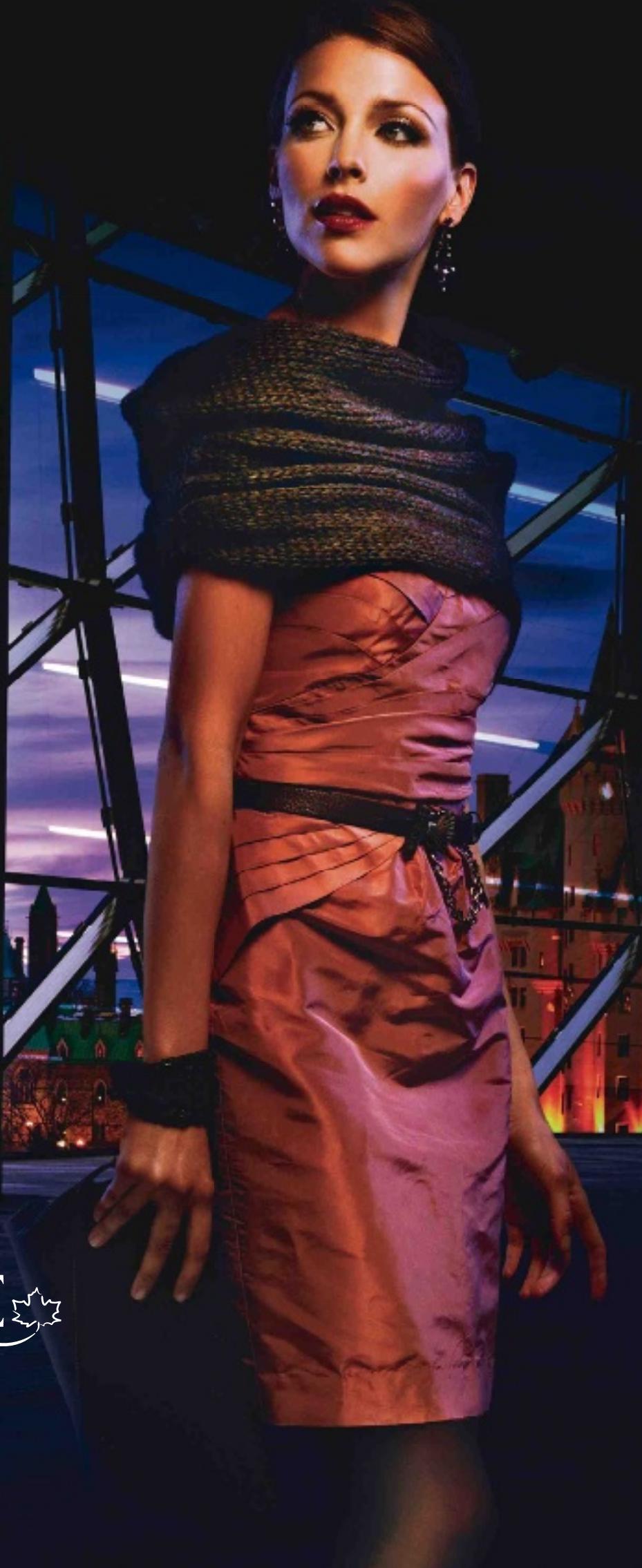
► B.C. Lions running back Andrew Harris celebrates a touchdown against the Winnipeg Blue Bombers during the first quarter of the Grey Cup yesterday in Vancouver.

# B.C. Lions roar to Grey Cup victory

Running back Andrew Harris opened the scoring with a 19-yard touchdown run in the first quarter and the B.C. Lions beat the Winnipeg Blue Bombers 34-23 in yesterday's 99th Grey Cup game. Ottawa's diehard CFL fans partied in Vancouver on Saturday with former Rough Riders, page 3. More on the game at [metronews.ca/ottawa](http://metronews.ca/ottawa).

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# Locked-out churchgoers worry over future

JESSICA SMITH  
@METRONEWS.CA

On the first Sunday of Advent the small Ottawa congregation of St. Giles Presbyterian Church worshipped in the basement, locked out of the sanctuary by their own presbytery.

"It doesn't matter where we worship, as long we worship as a community," said Rev. Wayne Menard after the service yesterday.

A group of congregants signed a petition objecting to Menard's leadership and

asking for his removal, and as a result the presbytery locked the doors of the sanctuary until the congregation "repents," Menard confirmed.

He said the problem is more nuanced than reported in local media, but he didn't want to comment further.

"This is a fragile group," he said.

People from other churches came to the service to show support for the congregation. Having roughly 40 people there

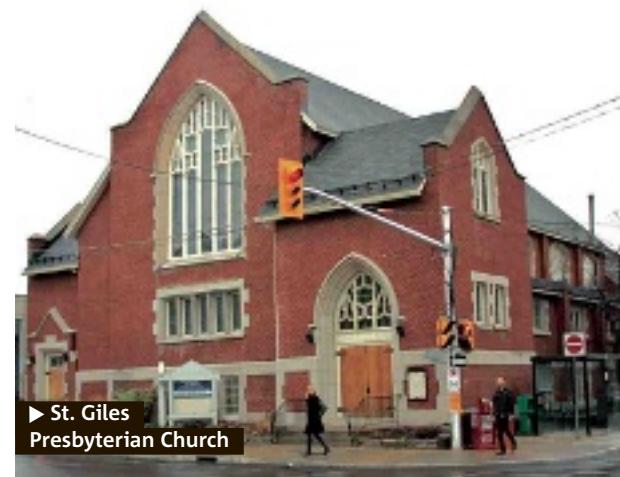
was a good turnout, Menard said.

Churchgoers are concerned the rift will affect the church's future.

"I think there's a real risk people will go to other churches," said Claudia Chowaniec, as she left it. "I think we're a family. I think we've all made mistakes."

Murdo Murchison said having to worship in the basement didn't bother him, but he wants answers.

"What troubles me is the closing of the church and the indefinite reasons."



JESSICA SMITH/METRO

# Rough Riders party in Vancouver

- Nostalgia, love of football mix with hope for Ottawa's CFL future
- Ottawa hosted the last matchup between B.C. Lions, Winnipeg

JESSICA SMITH  
@METRONEWS.CA

Ottawa's diehard CFL fans partied in Vancouver Saturday night — not just to celebrate the eve of the Grey Cup game but also to foster hope for football's return to the nation's capital.

About 60 people — including a half-dozen players — wore their red, white and black for the Ottawa Grey Cup party at Endless Summer Restaurant and Cocktail Bar, said organizer Colin McWhinnie.

"For football in Ottawa, the memories people have

are still very much alive," McWhinnie said.

Some revellers were ex-Ottawans like McWhinnie, but many came to town for the Grey Cup. One of those was Jeff Hunt, who has a conditional CFL franchise and plans for the team to play at Lansdowne Park in 2014.

The best moment of the night was when Hunt left, McWhinnie said.

"Somebody said, 'Cheers for Jeff for bringing the team back to Ottawa' and the bar just stopped and cheered him on. That just shows you how excited people are to bring football back to Ottawa," McWhinnie said.



► From left, former Ottawa Rough Riders Michael Collymore, J.T. Hay, and at right, Jeff Avery, pose for a picture with party organizer Colin McWhinnie (wearing cowboy hat).

1  
news



The UN's climate-change conference begins today in Durban, South Africa, and the stakes couldn't be higher. Scan the code for the story.

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On the web at [metronews.ca](http://metronews.ca)

Canadian banks' earnings and new data on the U.S. economy will be top-of-mind for investors this week. Video at [metronews.ca](http://metronews.ca).

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# Stars sing for healing garden

- Annual benefit started by man whose wife died from leukemia
- Healing gardens said to comfort cancer patients with their tranquility



JOE LOFARO  
@METRONEWS.CA

Canadian singers Amanda Rheaume, Ana Miura and

Les Misérables star Michael Burgess lit up the stage at the Bronson Centre yesterday for the seventh annual Healing Gardens benefit concert.

— it's very wholesome."

Proceeds from yesterday's concert will help the Ottawa Regional Cancer Centre Foundation fund the construction of a healing garden at the cancer centre at the Queensway Carleton Hospital (QCH).

Lynn Miles, Missy Burgess, Keith Glass, Fred Guignion, Michael Ball and Alrick Huebener were also part of the lineup.

Melanie Adams, the QCH Foundation executive director, said the garden at the QCH will be completed next year with a water fountain tribute to Terry and Mary Eagan.

"Really, it's tranquil and calming and I think it just grounds people when they're going through that kind of turmoil," said Adams.

The annual benefit was started by Terry Eagan, a Massachusetts native whose wife, Mary, succumbed to leukemia in 1991.

Before she died, she told Terry she'd like to see an outdoor garden built for future cancer patients to enjoy a bit of tranquility.

He started benefit concerts in 1997 to raise money for the first healing garden at a hospital in his hometown of Watham, Mass., and has carried the tradition over to Ontario.

"Instead of writing a cheque and making a donation to a hospital, I put on a show that people will really like and will come to the next show, too," said Eagan.

"It's broadening the message every which way

Monday, November 28

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## Meeting to address Kanata's traffic woes

JOE LOFARO  
@METRONEWS.CA

Kanata's tech sector might get its own Business Improvement Area (BIA) if property owners and tenants can convince city council to vote on it next year.

Kanata North Coun. Marianne Wilkinson and members of the local BIA steering committee will hold an introductory meeting today at The Marshes golf club to discuss how a BIA could better serve the community.

"It's a time that has come and there's a great deal of interest in having a

BIA," said Patrick Ferris, the committee's co-chair.

Today's meeting will address issues such as infrastructure, transit and traffic congestion in the growing suburb that is home to businesses such as Cisco, RIM and Smart Technologies.

"Kanata North is growing quite quickly and transit issues are issues that come up perennially," said Ferris, who attributes part of the growth to the budding high-tech sector.

Ferris said the committee will look at how it can improve traffic congestion that has worsened over the years with more high-tech employees who have come to live and work in Kanata.

Another committee meeting is slated for February to vote on the BIA before it tentatively goes to city council in spring 2012.

## Prostitution sweep nets five arrests

A daytime prostitution sweep by Ottawa police in Vanier Nov. 25 resulted in five women being ar-

rested. All were charged with communicating for the purpose of prostitution and mischief.

Of the five charged, two face additional charges of failing to comply with court-imposed conditions.

• METRO



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# Study casts doubt on tougher sentences

► More than half of convicted impaired drivers tend to reoffend despite severity of sentence, report finds

An internal report by the federal Justice Department raises doubts about the effectiveness of harsher sentences, the linchpin of the Tory government's tough-on-crime policies.

The study examined almost 3,300 people convicted of an impaired-driving offence, and found 57 per cent of them offended again at least once, within five years on average.

And the severity of the first sentence had no impact on the behaviour of repeat offenders.

"There was no evidence to suggest that the imposition of a fine or imprisonment had any effect on the likelihood of whether an offender would re-offend or not," the author concludes.

"This indicates that the severity of the sentence received did not deter offenders in this sample."

"Reconviction rates for all individuals were similar regardless of the sentence received for the initial impaired driving conviction."

The research was delivered in July this year, more than three years after the Conservative government passed a tough law that imposed harsher fines and jail sentences, including mandatory minimums, for impaired-driving convictions.

A spokeswoman for the department provided no details about why the research was ordered. But the review follows the passage in 2008 of an omnibus bill,

## Recidivism report

► The Canadian Press obtained a copy of the study, *Recidivism Among Impaired Drivers* by Andre Solecki, under the Access to Information Act. The research covers the period from 1977 to 2006.

► The study is among dozens of internal reports on the justice system prepared each year by department researchers but never published or made public.

the Tackling Violent Crime Act, which revamped penalties for drunk driving, among other tough-on-crime measures.

THE CANADIAN PRESS



► RCMP constable Faz Majid removes an open bottle of beer from a motorist's car during a roadside check in Surrey, B.C.

# Prince William joins rescue of cargo ship

Prince William joined a frantic search and rescue mission yesterday after a cargo ship sank in the Irish Sea, leaving several members of the Russian crew missing.

The second in line to the British throne, who is a Royal Air Force helicopter and known professionally

as Flight Lt. William Wales, was aboard an aircraft which rescued two crew members early yesterday, after their vessel's hull cracked in gale force winds off the coast of north Wales.

Britain's defence ministry said William had been co-pilot of the helicopter, which carried two people



► Prince William

back to his base RAF Valley, on the Welsh island of Anglesey.

Authorities said five people remain missing after the Cook Islands-registered Swanland cargo ship, which had eight people on board and was carrying thousands of tonnes of limestone, sent a mayday

call. Holyhead Coastguard said one body had been recovered from the sea, but that the fate of the other crew members was not yet known.

Rescue helicopters from RAF Valley and from Dublin coastguard base in Ireland were initially sent to the scene, about 32 kilometres

## Stormy seas

► Gale force winds battered the Irish Sea yesterday. It is believed the weather could have caused the incident.

northwest of the Llyn peninsula in north Wales.

THE ASSOCIATED PRESS



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# Canadian libraries busier than ever

► Report shows usage up 45 per cent over the past decade

It's a sunny fall afternoon — likely one of the last warm days this year — yet Montreal's largest library is buzzing.

The Grande Bibliothèque's rows of sofa chairs and sleek desks are packed with people tapping on laptops, flipping through magazines and, yes, even reading books.

Despite the rise of smartphones and ebook readers, many Canadian libraries are busier than ever.

And the renaissance may be due in part to the very technology that was expected to threaten their existence.

Across the country, library usage is up 45 per cent over the past decade, from 16.6 to 24.1 transac-



► A man reads newspapers inside the Library of Parliament in Ottawa.

tions on average per capita, according to a recent report prepared by Lumos Research for the Canadian Urban Libraries Council.

Much of that growth has been driven by digital information. The use of electronic databases more than doubled, and Internet visits

to library websites and catalogues grew five-fold in the period, according to the report.

The key to a library's success, said Guy Berthiaume, director of the Grande Bibliothèque, is to adapt with the times.

THE CANADIAN PRESS



► Debris litters the ground in downtown Calgary yesterday.

JEREMY NOLAIS/METRO

## Blowing through town

Winds at nearing 150 km/h tore pieces of glass and other materials off the TD Square building in Calgary yesterday. Debris rained down from as high as 40 storeys.

## Teens arrested for dousing girl with gas

Three adolescents in Saguenay, Que., have been arrested after a 12-year-old girl was doused with gasoline.

Police say that it appears one of them poured gasoline on her while the others held matches and a flaming sheet of paper.

Investigators say the youths had filled beer bottles with gasoline and were waiting for the girl and her friend at one of their homes on Friday evening.

The girl managed to escape and a parent later alerted police.

The three accused were briefly arrested and then released on a promise to appear in youth court in January.

Police say all those involved knew each other.

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# Egypt 'at a crossroads'

► Military ruler issues warning on eve of vote ► Governing council has come under intense criticism since taking over from Mubarak in February

On the eve of landmark elections, Egypt's military ruler warned yesterday of "extremely grave" consequences if the turbulent nation does not pull through its current crisis — an attempt to rally the public behind his council of generals in the face of pressure from protesters to step down immediately.

Field Marshal Hussein Tantawi urged voters to turn out for the start of parliamentary elections today despite the chaos in the streets after nine days of protests and clashes that some have dubbed a "second revolution." The vote is the first since Hosni Mubarak was ousted in February in a popular uprising.

Tantawi claimed "foreign hands" were behind



► Parliamentary candidate Bahaya Mohammed wears a niqab, an Islamic face veil, as she talks to voters in Cairo yesterday.

the latest wave of unrest. His assertions were similar to those made by Mubarak before he was ousted. Tantawi was Mubarak's defence minister for 20 years.

"We will not allow troublemakers to meddle in the elections," he said in com-

ments carried by the nation's official news agency. "Egypt is at a crossroads — either we succeed politically, economically and socially or the consequences will be extremely grave and we will not allow that."

THE ASSOCIATED PRESS

## Election woes

The political crisis casts doubt on the legitimacy of the vote and could render the parliament that emerges irrelevant.

- The Muslim Brotherhood, the largest and best organized political group in Egypt, is expected to dominate the elections along with its Islamist allies.
- However, the military has said the next parliament will have limited powers, and suggested that it will retain the right to appoint and dismiss the cabinet.
- The issue promises to put the military and the Brotherhood on a collision course.

his life after he was taken into custody by four or five people in plainclothes.

Nineteen-year-old Derrik Sweeney told The Associated Press that he and two other students were beaten and threatened with guns after being arrested on Nov. 20.

THE ASSOCIATED PRESS

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### Students detained in Cairo back in the U.S.

An American student arrested during protests in Cairo says he feared for

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# BRONSON PLANS PUT SQUEEZE ON PEDESTRIANS

## URBAN COMPASS

STEVE COLLINS  
METRO OTTAWA



Like Bank Street and Preston before it, Bronson Avenue is scheduled for a major ripping-up next year as outdated sewers and water mains are replaced. When the street's put back together, city staff explained at a meeting last week, it will be widened to make more room for cars in its four chronically congested lanes. Sidewalks, on the other hand, will be widened for Bronson's long-suffering pedestrians only where it's deemed feasible.

In a neighbourhood where, according to the Dalhousie Community Association, 30 per cent of households don't even have a car, this order of priorities might seem a little backward. It also, says the association's Eric Darwin, contradicts the city's Official Plan.

"The first thing they'll show up on the wall is 'The Official Plan says we put pedestrians first'... and then they immediately start talking about car traffic," he said.

Darwin, who opposes widening Bronson, has followed the plan more closely than most, trying to get a clear picture of what the street will look like. It hasn't been easy.

On a recent walking tour of Bronson with project engineers a couple of weeks ago, he hoped to get an idea of what the redeveloped street might look like from a pedestrian's point of view.

"We specifically asked them to bring detailed plans that showed block by block where the sidewalk was being moved back and by how far because of the road widening," he said. "But of course the engineers forgot to bring the detailed plans with them that showed that."

There was also no sign of the before-and-after sketches of proposed changes to sidewalks he'd requested for last week's public meeting, he said.

And if planners seem reluctant to talk, Darwin finds them even less keen on listening. Narrowing Bronson by a lane and using the space for pedestrians and cyclists instead has been rejected by the city as impractical, although similar "road diet" projects have made traffic slower and safer in other cities.

Toronto's St. George Street was cut from four lanes to two between College and Bloor in the '90s. A Transport Canada study found accidents dropped by 40 per cent.

Even modest pedestrian-friendly suggestions, like installing crossing lights at Arlington, have met with non-committal responses, Darwin said.

"You say your priority is pedestrians, but then you turn right around and say our mandate is for four lanes of car traffic, which means there's no space left," he said.

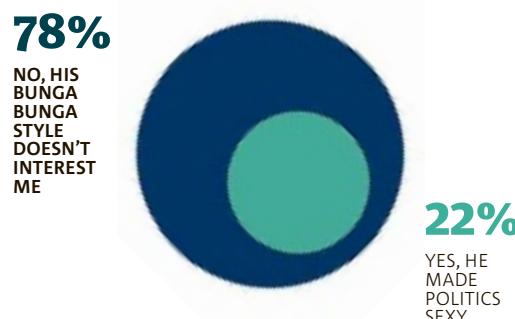


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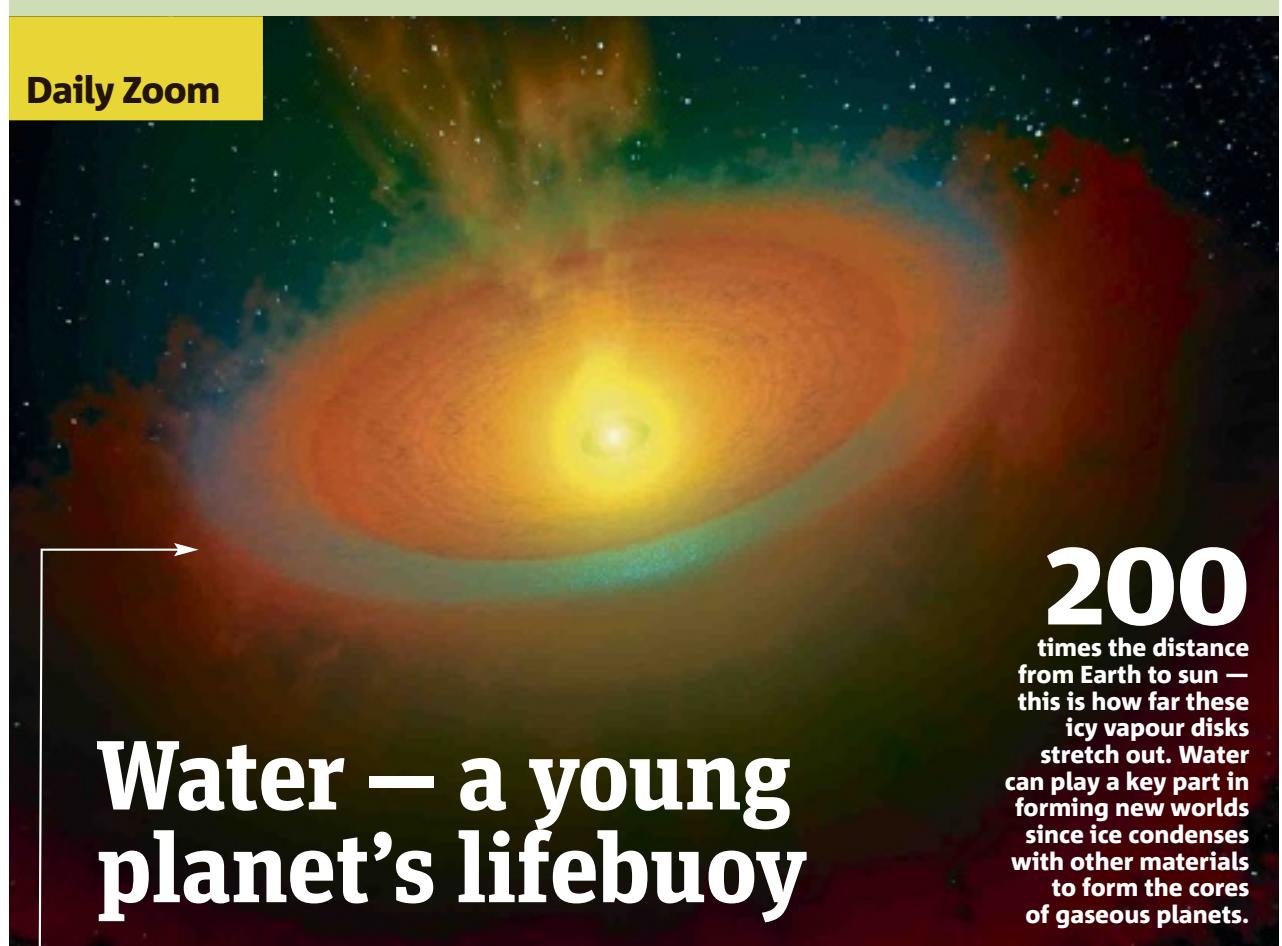


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## Daily Zoom



## Water – a young planet's lifebuoy

### Halo of water, celestial sight

**CONSTELLATION H2O.** This ring of water vapour, enough to fill several thousand Earth oceans, has given U.S. experts a clue to the origins of our planet's seas. The water around the star TW Hydreae could form into icy comets and eventually collide with young planets, bringing with it the ingredients for life. 

**"This research tells us that the key materials that life needs are present in a system before planets are born. We can directly detect this."**

PROF. TED BERGIN, UNIVERSITY OF MICHIGAN, LEAD AUTHOR OF STUDY

### Is our neighbour copying us?

**EVOLUTION.** The TW Hydreae star, in the constellation of Hydrea, is 10 million years old and our closest solar-system-to-be neighbour, being "only" 175 light years from Earth. Many young star systems could have similar disks and, therefore, the potential to develop watery planets and thus be able to host alien life. 

that would?

- ▶ **@linsi\_loo:** my sunday has been full of s'mores & Mistresses ... it's been a good one : )
- ▶ **@PokerComedian:** The rain outside has made my decision easy today, get some rest before the #RnRLV #stripatnight ! This may be the best half marathon ever!
- ▶ **@Will\_\_Murray:** I love how every few years the Bills shake things up, give their fans some hope, and then take it away.
- ▶ **@dbasterfield:** I lead two lives; the life people see and the life created every time I put my headphones on

**200**

times the distance from Earth to sun — this is how far these icy vapour disks stretch out. Water can play a key part in forming new worlds since ice condenses with other materials to form the cores of gaseous planets.

TIM PYLE/SPITZER SCIENCE CENTER/CALTECH

### How it might work

- ▶ **Collision and formation.** Over several million years, disks could collide and form planets and cosmic bodies.
- ▶ **Balls of ice.** Dust and ice particles could merge to create icy comets.
- ▶ **Creation of new oceans.** Comets could crash onto planets to form vast seas.

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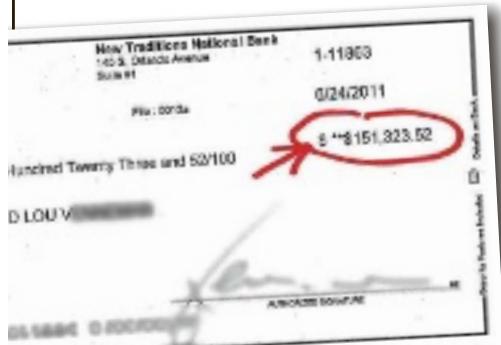
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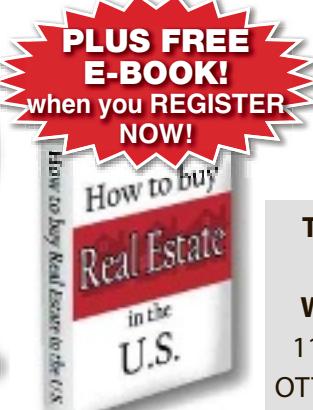
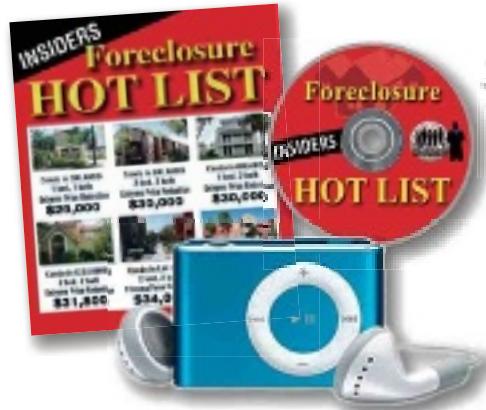


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The latest *Twilight* movie has plenty of daylight left with a second-straight win at the weekend box office. The *Twilight Saga: Breaking Dawn – Part 1* took in \$42 million domestically over the three-day weekend and \$62.3 million in the five-day U.S. Thanksgiving boom time, Wednesday to yesterday.

THE ASSOCIATED PRESS



India hooked to Tamil song that's become an Internet sensation

# Metal's distorted roots

► Documentary connects Elvis to Metallica ... to Nickelback? ► Premiered Friday on MuchMore

The target audience for the 11-part documentary series *Metal Evolution* is a pretty specific head-banging demographic that's already familiar with the history of the heavy genre from AC/DC to Metallica and Zakk Wylde.

And yet the Canadian-made show has landed screen time on MuchMore, which has the likes of Katy Perry, Bruno Mars, Beyoncé and Britney Spears topping its current chart of videos.

Show co-creators Sam Dunn and Scot McFadyen say it was a lot easier to sell this series (which first began airing in the U.S. on VH1 Classic) than it was to get buyers' attention with their first big project, the documentary *Metal: A Headbanger's Journey*.

Dunn and McFadyen say they've proven there's a sizable audience for serious programming about heavy metal and how it's affected and been affected by other music genres.

"When we told people we wanted to make a serious film about heavy metal (seven years ago) we got

**"Nickelback is a band people like to bash but they are great performers and they do kind of come out of that grunge influence and build on it"**

SCOT MCFADYEN, CO-CREATOR OF *METAL EVOLUTION*



► Metallica's singer James Hetfield performs on Yas Island, Abu Dhabi, United Arab Emirates last month.

laughed out of a lot of boardrooms, people didn't really think it was something that could be done and actually could engage an audience," Dunn says. "VH1 Classic has been really supportive of our work in the U.S. and I think they recognized that provided you can kind of tie in a lot of the classic bands, like Kiss and Aerosmith and Van Halen, and touch on some of the more recent bands, they recognize there's an audience out there."

The idea for the show, co-produced by MuchMore and VH1 Classic, was based on the reaction to a family tree of heavy metal that the filmmaking duo presented

in their first documentary, charting how the music of Elvis Presley, the Beatles and Jimi Hendrix connected to the various metal sub-genres of today.

"There were a lot of people we were really excited to interview, some unlikely characters for a series about heavy metal," Dunn says, giving Dick Dale, the '60s-era King of the Surf Guitar, as a prime example.

Another somewhat unlikely connection to heavy metal — which the filmmakers are expecting may cause a bit of a kerfuffle with fans of the genre — is the much-maligned best-selling rockers Nickelback.

The band is profiled dur

ing an episode about the aftermath of the grunge movement in the '90s and how the likes of Nirvana, Alice in Chains, Pearl Jam and Soundgarden influenced hard rock.

"Grunge is a good example of those musical styles where half the people you ask will say it's totally metal and the other half will say it's got nothing to do with metal," says Dunn.

"That's really the question we ask in that episode, is grunge part of the story of metal?" If it is, it's hard to dispute Nickelback isn't part of the conversation, given that the band began dominating the radiowaves in the years after grunge's

demise.

"This show is about the evolution of sound and who did those grunge bands influence? Really, the next generation are bands like Nickelback, Creed and Silverchair, all these bands that came up in the late '90s that had hallmarks of the grunge sound but were creating something a little more mainstream, a little more radio-friendly," says Dunn.

It was impossible to ignore Nickelback's impact on hard rock music, McFadyen says, even if metal fans think the band is the antithesis of what they're into.

THE ASSOCIATED PRESS

## Top dancer to waltz into Pentagon

Defence Secretary Leon Panetta has invited soldier-turned-actor J.R. Martinez, who just won the most recent *Dancing with the Stars* competition, to the Pentagon for meeting.

A Pentagon spokesman says Panetta called Martinez on Friday and told the dancing champion that he demonstrated the strength

and resilience of wounded veterans.

Capt. John Kirby says Martinez — who was crowned champion of the celebrity dance competition series last Tuesday along with his partner, Karina Smirnoff — credited his military training for his performance during the competition broadcast on

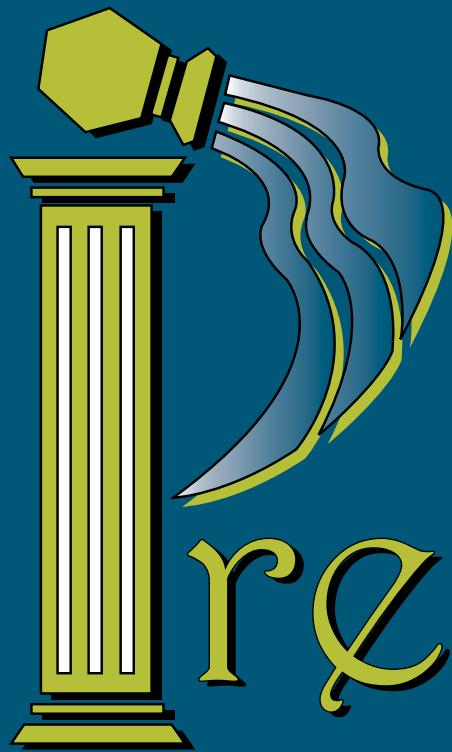
ABC. Kirby says details about Panetta's meeting with Martinez are being worked out.

The 28-year-old Martinez was severely burned over more than 40 per cent of his body when the Humvee he was driving for the U.S. Army struck a land mine in 2003.

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► War veteran and actor J.R. Martinez, right, and his partner Karina Smirnoff hold their *Dancing with the Stars* awards.



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# Miley Cyrus: Party in the USA, indeed

- Singer's friends get her a Bob Marley-shaped cake for her 19th birthday
- A number of dwarfs, including a mini-Nicki Minaj, attend the party



► Miley Cyrus

ALL PHOTOS GETTY IMAGES

## THE WORD

DOROTHY ROBINSON  
SCENE@METRONEWS.CA



It looks like Miley Cyrus has yet another alter-ego: Let's call this one Hannah Bong-tana, shall we?

When she was presented with a Bob Marley-shaped cake at her 19th birthday party at the Roosevelt Hotel in L.A. last week, Cyrus quipped, "You know you're a stoner when friends make you a Bob Marley cake — you

know you smoke way too much f—in' weed." (The Daily has the video evidence.)

"I thought salvia was your problem, man?" retorted guest Kelly Osbourne.

The Daily also reports that guests on hand for the party included her parents, Rumer Willis, and "and a number of dwarfs, including a mini-Nicki Minaj."

I'd make a joke but 1. Osbourne already did it for me. 2. A mini-Nicki Minaj? I have much too much respect for how Cyrus throws a party to poke fun.

## J.Lo and beau hang in Hawaii

Jennifer Lopez opted to spend the American Thanksgiving holiday by escaping to Hawaii with Casper Smart, the 24-year-old dancer she's reportedly been dating, according to TMZ.

"Casper was great with the kids. He was twirling them around and doing flips with Emme and she seemed very comfortable with him," a source says.

"Jennifer got a chance to sit back and relax while Casper took over and played."

METRO



► Jennifer Lopez

# Canon

### High Performance for High Expectation

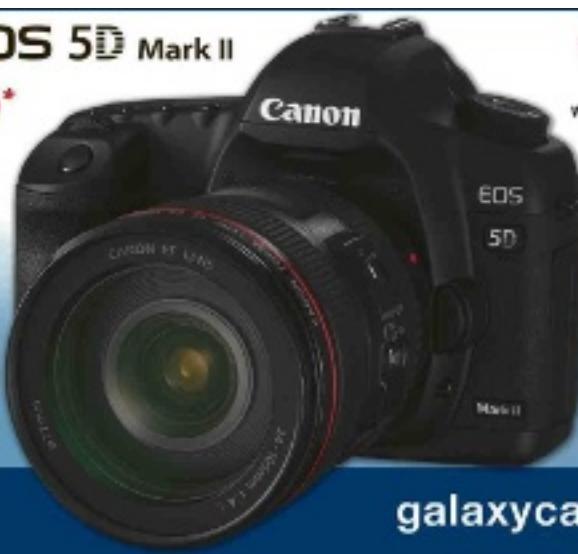
Canon's update to the wildly popular full frame EOS 5D is here, and it's better than ever. The EOS 5D Mark II has a stunning 21.1-megapixel full-frame CMOS sensor with DIGIC 4 Image Processor, a vast ISO Range of 100-6400 (expandable to ISO L: 50, H1: 12800 and H2: 25600), plus EOS technologies like Auto Lighting Optimizer and Peripheral Illumination Correction. It supports Live View shooting, Live View HD videos, and more. It can shoot up to 3.9 fps, has 9 AF points plus 6 AF assist points, a new 98% coverage viewfinder, a 3.0-inch Clear View LCD (820,000 dots/VGA) and a rugged build. Full-frame shooters rejoice!

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► Lily Allen and Sam Cooper

## It's a girl for Lily Allen and Sam Cooper

Lily Allen and Sam Cooper welcomed their first child, a daughter, over the weekend, according to the Daily Mail.

While not quite an official birth announcement, Allen did reference the arrival on Twitter, posting

simply, "Totes amaze."

It's a particularly special occasion for Allen and Cooper, as Allen has suffered miscarriages twice in the past three years.

There was no announcement yet about the baby girl's name. METRO

### Celebrity tweets



Is it my imagination, or is everyone talking much faster than they used to on CNN?  
@BetteMidler

@russellcrowe



3 hour walk and talk with a great friend. Most of the world's problems solved. I hope you all have a spectacular day.

@AlbertBrooks



Don't forget to smile when you breathe. Makes all the difference  
@goldiehawn

Working on "It's a Wonderful Tweet" A man is shown how the world would be different if he were never on Twitter.

# Are toys good for kids?

► The toy industry uses aggressive marketing to sell 'educational' toys to parents and children ► Will your kids learn anything from these gadgets? Or will a simple box do?

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This time of year, parents spend billions on toys and toy companies spend millions advertising their latest toys and gadgets to kids. With toy manufacturers selling so-called "educational" toys — this year top sellers include junior tablets — what's really best for kids?

"The marketplace has been doing a marvellous job of telling parents that unless you buy the right toys for your children — that is to say, the toys they manufacture — they will be stunted intellectually. It leads parents to buy toys that really aren't ideal," says Dr. Roberta Golinkoff, psychology professor at the University of Delaware and author of *A Mandate for Playful Learning in Preschool and Einstein Never Used Flash Cards*.

"People in my job have done a lousy job of educating the public about what

matters in child development. A lot of parents are buying, for example, expensive electronic toys that have really questionable benefits."

Research shows that kids learn from play, not toys. Parents should be wary of toys marketed as educational — in fact shockingly few toys of any type are developed in consultation with child psychologists.

"Everything is educational, but what are kids actually learning?" says Dr. Susan Linn, psychiatrist at Harvard Medical School and director of the Campaign for a Commercial-Free Childhood.

"Children learn the most from hands-on creative play and from interacting with adults who care about them, so parents should approach toys that claim to be educational with healthy cynicism," says the academic who led CCFC's victorious campaign against Baby Einstein's unsubstantiated



► Kids learn most from — and love — toys that let them play properly.

claims that babies learn from its DVDs.

"They should ask themselves: Is this toy encouraging my child to be creative? Does it require my child to actively do things? Can it be used in more than one way? Toys that talk, sing or dance at the push of a button are pretty useless for kids."

"The kind of toys kids need are 90 per cent kid and 10 per cent toy, not where the toy determines what you do," says Golinkoff. "That's why

children are more fascinated by the box the toy comes in than the toy, because the box has a million possibilities and the toy has one."

Children learn most from toys that offer multiple possibilities and allow kids to express their creativity including art and craft projects, puzzles and games, dress-up outfits, role-play toys and building blocks.

This holiday, place a large appliance box in the middle of your living

room, suggests Golinkoff.

"Parents will be shocked by how much their children age seven or under will love that box because it frees up their imagination — it can be a boat, spaceship or house, and they can colour it, cut bits out, paste things on it. Kids love this."

"Parents feel like if they don't buy expensive toys with batteries that they're failing their children but it's the exact opposite. You want the kid to be in charge and not the toy."

3  
life

## Slow toys



This season UK toy wholesaler Asobi launched a 'Slow Toy' list of fun, interactive, battery-free toys in response to the UK Toy Retailers' Association's top 12 toys of 2011, which included the daft Doggie Doo: a plastic dog that poos.



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# Eww, they're everywhere

## ► If you're a germaphobe, a new study reveals some information about bathrooms that may scare you

If you skip the sink after going to the bathroom, you really might want to think again.

A new study found bacteria are plentiful on virtually every bathroom surface you might imagine touching — toilet handles, stall doors, soap and towel dispensers.

Gut bacteria — the type of bugs that live in the human gastrointestinal tracts — were even found on the handles of bathroom exits, a dead giveaway that not everyone is following Mom's advice.

"That's not the ideal spot for them," lead author Gilberto Flores said in an interview Wednesday.

"You'd hope that most people would wash their

hands with soap and water and that you would eliminate most of those."

"You do see kind of a trail based on your activities in the restroom."

The study, done at the University of Colorado in Boulder, saw researchers test surfaces in 12 bathrooms on the university campus to look for microbes.

An equal distribution of men's and women's bathrooms were tested.

The findings were published Thursday in the journal PLoS One, a publication of the U.S. Public Library of Science.

The researchers found a wide variety of bacteria, even though the facilities were well maintained, Flores said.



ADRIAN WYLD/THE CANADIAN PRESS

The microbes broke down roughly into three groups: bacteria that live

on human skin, bacteria from the outdoors that people likely brought in on their shoes and bacteria that live inside humans and are passed in urine or feces.

The latter type is the one which would pose the most concern, though the work didn't find illness-causing bacteria such as Shigella.

Where the different types of bacteria were found correlated with the type of body part the surface came in contact with.

Skin bacteria were the main findings on touch surfaces and floors were positive for soil bacteria.

Interestingly, some toilet handles also were positive for soil bacteria, suggesting some people were using their feet to flush the toilet, the authors said.

Toilet seats and most of the toilet handles were populated with gut microbes, "suggesting fecal contamination of these surfaces," the paper said, adding the contamination

could have been the result of direct contact or water splashes when a toilet was flushed.

In many respects, what was seen was what one would expect to see from this kind of study — a fact which could explain the bemused reactions of a couple of infection control experts asked to comment on the study.

Where there are people, there are bacteria, they both said.

"We know that we do not live in a sterile world," said Dr. Andrew Simor, head of microbiology at Sunnybrook Health Sciences Centre in Toronto.

"There are bacteria all around us. And in particular, we're going to find human bacteria in places where humans are."

In fact, bacteria don't just surround us, they live in us.

The human gastrointestinal tract is home to a vast array of bacteria.

"We're surrounded by bugs and we're covered in bugs, both inside and out," Flores agreed.

"Most of them are beneficial to our health, actually."

THE CANADIAN PRESS

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## Do you suffer from GRASS allergies?

Kanata Allergy Services, in conjunction with Kingston General Hospital, is looking for people to participate in a study about an investigational drug for grass allergies.

If you sneeze from May to mid-July and have a runny nose and itchy eyes that make you miserable, chances are you suffer from grass allergies.

You may be eligible to participate if you are 18 to 65 years of age and have had grass allergy symptoms for at least two years.

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# Have some fun with tuna

► Eating from a can is boring ► Making tacos is a simple, tasty solution



► This recipe serves two.

Try these easy tuna tacos for dinner or lunch. Having the flavour right in the tuna helps bring this meal together fast. Serve it up with a crunchy green salad to round out the meal.

#### Preparation:

1 Toast taco shells for 20 to 30 seconds in toaster

oven or in a 180 C (350 F) oven for 1 minute.

2 In a small skillet, heat tuna over medium heat. Reduce heat to low and stir in half of the sour cream.

3 Divide some of the tuna mixture among each taco shell and top with

lettuce, tomato and remaining sour cream. Garnish with lime wedges.

**CLOVER LEAF/ THIS RECIPE WAS ADAPTED FOR METRO BY EMILY RICHARDS, A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.**

#### Ingredients:

- 4 taco shells
- 3 cans (85 g each) flaked light tuna (spicy thai chili)
- 60 mL (1/4 cup) sour cream
- 250 mL (1 cup) shredded iceberg lettuce
- 1 tomato, diced
- 2 lime wedges

# Not your average-tasting beef

► Excite the family with Cumin-rubbed flank steak

#### Preparation:

1 Heat a grill or grill pan to medium. In a small bowl, mix together garlic, smoked paprika and

cumin seeds. Set aside.

2 Trim steak of any surface fat. Brush it lightly with olive oil, then press the

seasoning rub onto both sides.

3 Just before cooking, season steak with salt.

Place steak on the grill or grill pan and sear. Cook for 4 to 6 minutes. Turn steak and sear second side. Continue grilling for about 3 to 5 minutes or until cooked

to desired doneness. Transfer steak to a platter and let rest for 5 to 10 minutes before carving.

#### Ingredients:

- 1 clove garlic, minced
- 2 ml (1/2 tsp) smoked paprika
- 2 ml (1/2 tsp) whole cumin

seed  
• Olive oil  
• 750 g to 1 kg (1 1/2- to 2-lb) flank steak (about 1 cm/3/4-inch thick)  
• Kosher salt

ing. THE ASSOCIATED PRESS/ THIS RECIPE WAS ADAPTED FOR METRO BY EMILY RICHARDS.

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# A waning in the greening?

► **Study shows current climate of economic uncertainty is putting a drag on eco-friendly home upgrades**

 **BEN KNIGHT**  
GREEN@METRONEWS.CA

Canada is getting greener. But the rate at which Canadian consumers are making green decisions for their homes appears to be in decline.

The 2011 Home Depot Canadian Green Home Index gives Canadians a rating of 54.7 out of 100 on a range of actions. The survey covers everything from buying efficient light bulbs and reusing shopping bags, to renovations and retrofits of the entire household. That number is down slightly — for the second year in a row.

"Through our research, we understand that Canadians don't really know where to start," says

Paul Berto, Home Depot's director of corporate communications.

"And since no one has defined what it really means to be green, we thought we'd go with our own index. It's designed to measure Canadians' attitudes and actions on how they can help improve the environment and their

homes at the same time."

Berto says the current climate of economic uncertainty is putting a drag on eco-friendly home upgrades.

"About a quarter of Canadians cited economic factors as a reason why they did not green their homes more," Berto explains. "And about 22 per cent felt they'd already done all that they could to make their homes greener."

And there's certainly hesitation over big-ticket improvements.

"A lot of people are willing to turn their thermostats down, but won't spend the \$2,500 to \$4,000 to put in a high-efficiency furnace — just yet."

Interestingly, the survey suggests Canadians are more likely to get greener when they see their neighbours taking action.

"If your friends and family are involved in composting, building backyard gardens or using rain barrels, you yourself are more likely to pick up those habits and go along those ways."



## Local efficiency

How efficient has your region been?

► **Statistics Ontario** slightly outperform the rest of Canada in the 2011 survey. Our regional Green Home Index is 56.2 compared to 54.7 nationally. 18 per cent of Ontarians rank their homes as "very green," as opposed to 16 per cent nationally.

► **Maritimes** Atlantic Canada is actually trailing the rest of Canada in the 2011 survey. Our regional Green Home Index is 52.9 compared to 54.7 nationally. Only 11 per cent of Maritimers rank their homes as "very green," as opposed to the national average.

If you haven't already gotten started, here's a quick list of simple, affordable ways to save energy — and money — in your own home:

"Get a programmable thermostat for your house," Berto recommends. "Make sure you're using low-flow toilets in your bathroom ... look at a really efficient showerhead."

For more info — [home-depot.ca](http://home-depot.ca)

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# The Bard gets animated

► Kill Shakespeare comic capturing attention of educators and artists ► But how much should one play with a play?

A homegrown comic series pitting some of Shakespeare's legendary heroes against his most sinister villains is making the leap off the page and onto the stage.

Anthony Del Col and Conor McCreery are launching the second volume of Kill Shakespeare, called A Blast of War after bringing their literary mash-up to the Young Centre for the Performing Arts in Toronto.

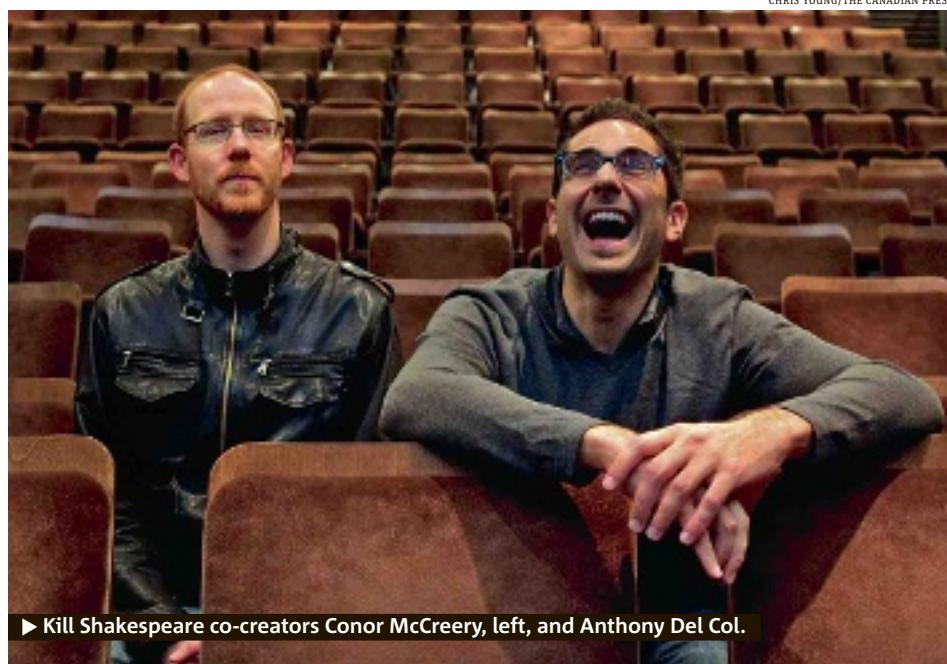
The acclaimed comic series sees the likes of Hamlet, Juliet, Othello and Falstaff on a quest to find a reclusive wizard named William Shakespeare as they battle villainous forces led by Richard III and Lady Macbeth.

Co-writers Del Col and McCreery came up with the concept around eight or nine years ago while brainstorming ideas for video games.

The duo wrote a 20-page treatment for a feature film, envisioning a Lord of the Rings-style, epic action-adventure story.

But with McCreery busy working at the time in business journalism and Del Col in the music industry, the duo put the idea on the backburner until about five years ago, as they tried to conceptualize a way to bring their vision to life.

Del Col said McCreery introduced him to comic series like Y: The Last



► Kill Shakespeare co-creators Conor McCreery, left, and Anthony Del Col.

**“Some teachers saw it as a great way to sort of introduce their students to the character types and Shakespearean tropes that the Bard uses.”**

CONOR MCCREERY  
CO-CREATOR OF KILL SHAKESPEARE

Man, Fables, and The League of Extraordinary Gentlemen and they decided to give Kill Shakespeare a similar treatment.

“The graphic novel format and the comic book format’s cool because it’s

## The little comic that could

Among the notable fans of the series are British playwright Tom Stoppard and Oscar-nominated director Julie Taymor, who helmed a film adaptation of *The Tempest*.

A Kill Shakespeare feature film, mobile games and merchandise are all in development, along with plans to further expand the comic series.

kinetic, it’s visual, and you can show as much as you tell,” said McCreery, 35.

The Kill Shakespeare production took place this past weekend during the Word Festival. The inaugural fest celebrated the 400th anniversary of the King James Bible as well as the Bard’s works through readings, lec-

tures, song and stage performances.

The stage version of Kill Shakespeare included a live reading, as well as artwork by Andy Belanger, who does the illustrations for the comic series.

Del Col, 34, said a test run last April which involved a live reading of the first issue elicited a

strong response from both the audience and actors. Theatre companies from Philadelphia to Halifax have already expressed interest.

“Shakespeare started in the theatre so it would be great to do more versions of Kill Shakespeare on stage — fully acted-out versions.”

While some purists may be appalled at the notion of placing the Bard’s characters in comic form and not using his signature language style, Young Centre general director Albert Schultz sees the comic series creators as “clever.”

“They’ve taken a cultural icon — Shakespeare — that has a huge resonance and they’ve given him a very contemporary situation — that of the graphic novel,” said Schultz, who is also founding artistic director of Soulpepper Theatre Company.

“They’re really entrepreneurial and interesting guys that have taken something as pervasive as Shakespeare and made it their own — and that’s hard to do after 400 years.”

The series is also having an impact in the classroom. It’s being used by students in high schools and universities in Canada, the U.S. and Germany.

“Some teachers saw it as a great way to sort of introduce their students to the character types and

## Not to be?

Kill Shakespeare isn’t without its detractors:

► McCreery said Shakespearean scholar Kimberly Cox has been critical of the series, including the decision by creators to not use iambic pentameter — the distinctive, rhythmic pattern employed by the Bard in crafting verses.

► “Her thought was: ‘How can you use Shakespeare and not use Shakespeare’s language?’ And for us, that was never the point because all that does is put the same hurdle into getting into Shakespeare,” he said.

► “Kill Shakespeare is in basically, everyday English. It’s a little more poetic, a little more flowery, and we certainly use Shakespearean quotations. But the whole point was you could slip into this without battling, literally, a foreign language.”

Shakespearean tropes that the Bard uses,” said McCreery. “We’ve also had universities pick it up because it’s kind of a way to contextualize the Bard in a new way — quite apart from all the people who just read it because it’s a fun comic.”

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MONDAY, NOVEMBER 28, 2011

# Drawing inspiration

► In the game of life, multi-talented artist Jeff Morrison holds all the cards

## TURNING POINT

TERESA KRUZE

LIFE@METRONEWS.CA



It was the last dive of the day, and as Jeff Morrison hit the water he crashed to the bottom of the pool striking his head.

He knew immediately that he couldn't move. He was a quadriplegic and Morrison's life would never be the same again.

After rehab, Morrison began working towards a business degree, but his heart wasn't in it. One

### Giving back

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- \$100,000 donated to charity
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► Jeff Morrison is an artist, philanthropist, musician and spinal cord injury survivor.

day, he forced a Bic ball point pen into his hand and started to draw.

"That little drawing was my turning point and it ignited my life. I was still in my wheelchair but

the possibilities of what I could do thrilled me."

Successful art shows around the world — including New York and Paris — followed and he developed a line of Christ-

mas cards with the proceeds going to charity.

Now he's following another passion: music. He and partner Tim Hawkes recently recorded a CD and their new downloadable song, I Heard the Bells of Christmas, will help the Grandview Children's Center in Southern Ontario.

Jeff's optimism continues to shine through.

"Never give up. I've come this far and I'm not going to turn back now."

### Morrison moments

• We're stronger as a group than we are on our own. We have to help each other.

• When you come to a barrier you can say, "This is the end of the line". Or you can try to find a way around it. I say, "Just find a way."

• Follow your dream. You may not make it to the top of the mountain but aim high and work hard.

• Life is good. It's a miraculous, mysterious gift.



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# A CEO espressos his concern

## BOOK REVIEW

CRAIG LUND  
LIFE@METRONEWS.CA



Greed has never served anyone well, and in the case of businesses it breeds overconfidence, entitlement and a sense of invincibility.

Case in point: Starbucks. In his book *Onward*, Starbucks' CEO Howard Schultz lays out the factors that led the company astray in the years 2000 to 2007.

Howard describes the damage as being "slow and quiet" and says, "Obsessed with growth, we took our eye off operations and became distracted from the core of the

business". These errors in operation additionally came at the most imperfect of times as the company headed straight into a recession.

Having stepped down as CEO in 2000 to assume the role of Chairman, Schultz returned as CEO in January 2008. Onward is the story of what happened next.

Many people will recall the news in February 2008, when Starbucks made an unprecedented move to close all of their stores for one full day of training. An action that was unprecedented for any company.

Each of the 7100 U.S. stores had a note on the door reading "We're taking time to perfect our espresso. Great espresso requires practice. That's why we're dedicating ourselves to honing our craft."

Espresso after all is



senior Starbucks partners can attest to when listening to Schultz speak from the heart.

This was especially upsetting as Schultz's criticism of his company having "lost its way" went against the figures.

Stock price, earnings, shareholder confidence and store openings were all positive. But Schultz was right, the company had lost its way, or more pertinently, its soul.

For many of us, myself included, Starbucks is a part of our daily lives.

Onward is Schultz's commitment to staying in our lives and continuing to be that special 'third place' away from home and work.

CRAIG LUND, IS THE PRESIDENT OF MARKETING SERVICES FIRM MARKETING TALENT INC. AND CAN BE REACHED AT CLUND@MARKETING-TALENTINC.COM OR ON TWITTER @CRAIGLUND

what Schultz fell in love with when he started in the business.

"Pouring espresso is an art," he states. "One that requires the barista to care about the quality of the beverage."

Schultz passion for his business is clear, sometimes to a fault as many

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sports

## Quoted



**"We are thrilled that a tentative agreement has been reached and are looking forward to getting back to work and playing basketball."**

Dwyane Wade, Wade and other NBA stars, including LeBron James, have cancelled their homecoming tour.

The four-city tour was supposed to open in James' hometown of Akron, Ohio, on Dec. 1, but that game and three others have been scrapped now that the league and its players have a tentative labour agreement.

# Scoring touch returns

► Spezza has two goals as Sens defeat struggling Canes ► Anderson makes 34 saves

4



SENATORS

3



CANES



► Craig Anderson makes a glove save on Hurricanes left wing Jeff Skinner last night.

Senators star forward Jason Spezza snapped his mini-slump with a milestone career goal.

Spezza scored twice, including his 200th regular-season goal, to lead Ottawa to a 4-3 win over the Carolina Hurricanes last night.

"I've been struggling to put the puck in the net the last few games and it felt good to get on the board," said Spezza, who hadn't scored in his last 11 games. "It's nice to score."

David Rundblad and Zack Smith also scored for the Senators (11-10-2), while Craig Anderson faced 37 shots.

Patrick Dwyer, Eric Staal and Alexei Ponikarovsky scored for the Hurricanes (8-13-4), who have now lost seven of its last eight road games. Cam Ward stopped 21 shots.

Staal has had more than his share of offensive struggles this season, coming into the game with just four goals, 10 points and a league-leading

ing-17 in plus/minus. Sunday's goal was only his second in 19 games and the Hurricanes can only hope it will help get their captain going.

"He's feeling the pressure of not putting the puck in the net," said Hurricanes head coach Paul Maurice of Staal. "At the end of the day confidence for a guy who scores goals is beating the goaltender."

Carolina, which went 1 for 8 on the power play,

has won just three of its last 13 (3-9-1) and is on a 0-2-1 skid.

"I thought we deserved a better fate (Sunday)," said Ward. "It's frustrating when wins aren't coming easy and you feel like you played a good game and you don't get rewarded for it."

The victory was the Senators first on home ice this month.

Ottawa opened the scoring just 55 seconds in-

to the game as Spezza beat Ward low glove side on a goal that the Carolina netminder would likely want back.

The Hurricanes tied the game with five minutes remaining as Dwyer got around Jared Cowen and beat Anderson with a quick wrist shot.

The Senators regained the lead on Spezza's second of the night and 200th NHL goal. With the Senators on the power

play, defenceman Sergei Gonchar found Spezza who beat Ward far side.

Special teams were definitely a factor Sunday as the Hurricanes were 1-for-8 with the man advantage, while the Senators were 1-for-4.

"Anytime you take that many penalties special teams are going to be big," said Smith. "We had great penalty killing that started with (Anderson)."

THE CANADIAN PRESS

## Bills celebration backfires

Buffalo's Stevie Johnson said he was "just having fun" when he mocked being shot in the thigh after a touchdown catch yesterday. He recognized after a 28-24 loss to Plaxico Burress and the Jets that his celebration hurt the Bills.

Actually, though, the Bills wide receiver was penalized 15 yards for another celebration following his five-yard scoring catch that put Buffalo ahead 14-7 in

the second quarter. Johnson drew the flag while imitating the Jets' "flight" celebration.

"I was just having fun and part of having fun ended up being a penalty and a touchdown for the Jets," Johnson said. "It was a stupid decision by myself."

The penalty forced Buffalo to kick off from its 20-yard line. Dave Rayner, a substitute for injured kicker Rian Lindell, mis-hit the

intended squib kick and it bounced off the Jets' Emmanuel Cook, who recovered at the Buffalo 36. New York scored on a 14-yard pass from Mark Sanchez to Burress with 1:03 remaining in the half to make it 14-14.

Burress, of course, served 20 months in prison for accidentally shooting himself in the leg in a nightclub in 2008 while a member of the Giants.

Asked if his demonstration was meant as a personal knock at Burress, Johnson said "not at all."

"I can't be doing that," he added. "I cost my team seven points. I feel I cost our team a win."

Burress, who made a spectacular catch on the Jets' late drive for the winning touchdown, said he wasn't aware of what Johnson did.

THE ASSOCIATED PRESS



**"I've already been through the ringer with that whole situation"**

PLAXICO BURRESS ON STEVIE JOHNSON'S END ZONE CELEBRATION

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	24	14	6	2	2	77	59	32	8-1-0	6-5-0-2	6-3-1-0	W2
d-Boston	22	14	7	0	1	75	47	29	9-5-0-1	5-2-0-0	9-0-0-1	W1
d-Florida	23	12	7	1	3	64	59	28	5-2-1-3	7-5-0-0	6-3-1-0	L2
Philadelphia	23	13	7	2	1	82	68	29	6-4-1-1	7-3-1-0	6-3-1-0	L1
Toronto	23	13	8	1	1	74	73	28	6-3-1-1	7-5-0-0	4-5-0-1	W2
NY Rangers	20	12	5	1	2	56	42	27	6-1-0-1	6-4-1-1	8-2-0-0	W2
Buffalo	23	13	9	0	1	67	61	27	6-6-0-1	7-3-0-0	5-4-0-1	W1
Washington	22	12	9	0	1	70	73	25	8-2-0-1	4-7-0-0	3-6-0-1	L2
New Jersey	22	12	9	0	1	57	58	25	5-4-0-1	7-5-0-0	6-4-0-0	L1
Tampa Bay	22	11	9	0	2	62	69	24	7-3-0-0	4-6-0-2	6-4-0-0	W2
Ottawa	23	11	10	1	1	69	79	24	6-4-0-1	5-6-1-0	4-4-1-1	W1
Montreal	24	10	10	2	2	61	60	24	4-5-2-2	6-5-0-0	4-3-2-1	L2
Winnipeg	23	9	10	3	1	66	74	22	5-3-0-1	4-7-3-1	4-4-2-0	L1
Carolina	25	8	13	2	2	60	83	20	5-6-0-2	3-7-2-0	3-7-0-0	L3
NY Islanders	21	6	11	3	1	41	68	16	5-6-2-0	1-5-1-1	2-6-2-0	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Chicago	24	14	7	1	2	79	74	31	7-1-0-2	7-6-1-0	6-4-0-0	W2
d-Minnesota	23	13	7	2	1	54	52	29	8-4-1-0	5-3-1-1	7-3-0-0	L2
d-San Jose	20	13	6	1	0	60	46	27	6-4-1-0	7-2-0-0	7-2-1-0	L1
Detroit	22	14	7	1	0	65	49	29	9-2-1-0	5-5-0-0	8-2-0-0	W5
St. Louis	23	13	8	0	2	57	49	28	8-2-0-1	5-6-0-1	7-1-0-2	W3
Phoenix	22	12	7	1	2	61	56	27	7-4-1-1	5-3-0-1	6-3-1-0	W1
Vancouver	23	13	9	0	1	69	59	27	5-3-0-1	8-6-0-0	7-3-0-0	W4
Dallas	23	13	9	0	1	59	64	27	8-3-0-1	5-6-0-0	3-6-0-1	L2
Edmonton	23	12	9	0	2	64	58	26	6-2-0-1	6-7-0-1	4-6-0-0	L1
Los Angeles	23	11	8	2	2	55	55	26	6-6-0-1	5-2-2-1	5-4-1-0	L2
Nashville	22	10	8	3	1	58	61	24	4-3-2-1	6-5-1-0	4-4-2-0	L4
Colorado	23	10	12	1	0	61	70	21	4-8-0-0	6-4-1-0	3-7-0-0	W1
Calgary	22	9	12	1	0	50	60	19	4-5-1-0	5-7-0-0	4-6-0-0	W1
Anaheim	22	6	12	1	3	48	72	16	4-7-0-0	2-5-1-3	1-7-0-2	L6
Columbus	23	6	14	0	3	54	75	15	5-7-0-1	1-7-0-2	4-6-0-0	L1

d—division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results

Ottawa 4 Carolina 3  
Calgary 5 Minnesota 2  
St. Louis 2 Columbus 1  
Toronto at Anaheim  
**Saturday's results**  
Pittsburgh 4 Montreal 3 (OT)  
Vancouver 3 San Jose 2  
Colorado 5 Edmonton 2  
Boston 4 Winnipeg 2  
N.Y. Rangers 2 Philadelphia 0  
Phoenix 3 Dallas 0  
Tampa Bay 5 Florida 1  
Chicago 2 Los Angeles 1  
N.Y. Islanders 3 New Jersey 2  
Buffalo 5 Washington 1  
Detroit 4 Nashville 1  
**Tonight's games**  
All times Eastern  
Tampa Bay at Minnesota, 7:30 p.m.  
Dallas at Colorado, 9 p.m.  
Nashville at Edmonton, 9:30 p.m.  
San Jose at Los Angeles, 10:30 p.m.  
**Tomorrow's games**  
N.Y. Islanders at Buffalo, 7 p.m.  
St. Louis at Washington, 7 p.m.  
Florida at Carolina, 7 p.m.  
Pittsburgh at N.Y. Rangers, 7:30 p.m.  
Ottawa at Winnipeg, 8:30 p.m.  
Phoenix at Chicago, 8:30 p.m.  
Nashville at Calgary, 9:30 p.m.  
Columbus at Vancouver, 10 p.m.

SENATORS 4, HURRICANES 3

First Period

1. Ottawa, Spezza 7 (Gonchar, Karlsson) 0:55  
2. Carolina, Dwyer 3 (Sutter) 15:03  
3. Ottawa, Spezza 8 (Gonchar, Karlsson) 18:03  
**Penalties** — Condra Ott (interference) 3:20, Cowen Ott (hooking) 12:27, Joslin Car, Greening Ott (fighting) 17:14, Sutter Car (boarding) 17:21, Skinner Car (slashing) 19:36.  
**Second Period**  
4. Ottawa, Rundblad 1 (Butler, Konopka) 19:46  
**Penalties** — Foligno Ott (interference) 1:39, Gleason Car (roughing), Winchester Ott (roughing, unsportsmanlike conduct) 5:57, Spezza Ott (high-sticking) 14:10, Sutter Car (hooking) 17:46.  
**Third Period**  
5. Carolina, Staal 5 (Pitkanen, Ruutu) 6:46  
6. Ottawa, Smith 4 (Daugavins, Kuba) 12:35  
7. Carolina, Ponikarovsky 6 (LaRose) 16:49 (pp)  
**Penalties** — Spezza Ott (hooking) 0:36, Staal Car (tripping) 4:17, Filatov Ott (hooking) 14:56, Smith Ott (high-sticking) 18:16.  
**Shots on goal**  
Carolina 14 12 9 —35  
Ottawa 6 12 7 —25  
**Goal** — Carolina: Ward (L,8-10-3); Ottawa: Anderson (W,10-7-1).  
**Power plays (goals-chances)** — Carolina: 1-8; Ottawa: 1-4.  
**Referees** — David Banfield, Dan O'Rourke.  
**Linesmen** — Steve Barton, Brad Kovachik.  
**Attendance** — 19,656 (19,153) at Ottawa.

FLAMES 5, WILD 2

First Period

1. Minnesota, Clutterbuck 6 (Koivu, Heatley) 1:57 (pp)  
2. Calgary, Giordano 4, 4:37  
3. Calgary, Stempniak 5 (Backlund, Butler) 6:54  
4. Minnesota, Johnson 3 (Brodziak) 8:06  
5. Calgary, Brodie 1 (Stajan, Jackman) 8:45  
**Penalties** — Giordano Cal (high-sticking) 0:28, Clutterbuck Min (high-sticking) 8:53, Glen-cross Cal (cross-checking), Stoner Min (roughing) 12:50.

**Second Period** — No Scoring.

**Penalties** — W. Peters Min (slashing) 2:02, Bourque Cal (tripping) 10:48, Smith Cal (holding) 16:12, Stempniak Cal (holding) 19:28.

**Third Period**

6. Calgary, Tanguay 4, 1:39  
7. Calgary, Igilna 7 (Glencross, Jokinen) 8:26  
**Penalties** — Minnesota bench (objects on ice; served by Staibitz) 8:26, Stajan Cal (goal-tender interference) 18:38.  
**Shots on goal**

Calgary 15 11 9 —35  
Minnesota 7 10 4 —21

**Goal (shots-saves)** — Calgary: Kiprusoff (W,9-9-0); Minnesota: Backstrom (L,7-5-2) (8-5), Harding (8:45 first) (27-25).  
**Power plays (goals-chances)** — Calgary: 0-3; Minn: 1-5. Att. — 16,864 (18,064) at St. Paul, Minn.

SCORING LEADERS

	G	A	PT
Kessel, Tor	16	14	30
Giroux, Pha	13	16	29
Lupul, Tor	11	16	27
Vanek, Buf	12	14	26
Versteeg, Fla	12	14	26
Toews, Chi	13	12	25
Pominville, Buf	9	16	25
Backstrom, Wash	7	18	25
D.Sedin, Vcr	6	19	25
Stamkos, TB	14	10	24
Smyth, Edm	12	12	24
Kopitar, LA	10	14	24
Nugent-Hopkins, Edm	10	14	24
H.Sedin, Vcr	8	16	24
Neal, Pgh	13	10	23
Seguin, Bos	12	11	23
Fleischmann, Fla	10	13	23
Ma.Hossa, Chi	9	14	23
Eberle, Edm	7	16	23
P.Kane, Chi	7	16	23
Benn, Dal	6	17	23
Sharp, Chi	10	12	22
Franzen, Det	10	12	22
Malkin, Pgh	8	14	22
Weiss, Fla	8	14	22
Skinner, Car	9	12	21
Selanne, Ana	8	13	21
J.Thornton, SJ	5	16	21
Pavelki, SJ	11	9	20
Eriksson, Dal	10	10	20
Marleau, SJ	10	10	20
Elias, NJ	8	12	20
Spezza, Ott	6	14	20
Plekanc, Mtl	5	15	20
Vrbata, Phx	11	8	19
Pacioretty, Mtl	10	9	19
M.Richards, LA	10	9	19
Hartnell, Pha	9	10	19
Filppula, Det	7	12	19
S.T. Louis, TB	6	13	19
Prospal, Cib	6	13	19
Datsyuk, Det	6	13	19
Dupuis, Pgh	6	13	19
M.Bergeron, TB	3	16	19
Letang, Pgh	3	16	19
Campbell, Fla	2	17	19

Yesterday's games not included

CFL PLAYOFFS

GREY CUP

At Vancouver  
Last night's result  
Winnipeg vs. B.C.

GOLF

AUSTRALIAN PGA CHAMPIONSHIP

At Coolum, Australia

Par 72

Final Round

(x—won on first playoff hole)

	G	A	PT
x-Greg Chalmers	71-69-69-67-276		
Robert Allenby	69-68-71-68-276		
Marcus Fraser	68-65-74-69-276		
Adam Scott	70-67-73-68-278		
Aaron Baddeley	67-72-67-72-278		
Nick O'Hern	72-69-71-67-279		
Marc Leishman	70-69-71-69-279		
K.T. Kim</td			



## Pats soar past Eagles

Tom Brady threw for 361 yards and three touchdowns and the New England Patriots beat the Philadelphia Eagles 38-20 yesterday. Filling in for the injured Michael Vick, Vince Young couldn't keep the Eagles' fading playoff hopes alive despite a career-best 400 yards passing. **THE ASSOCIATED PRESS**

# Winners and losers of NBA's tentative deal

## ► Season to begin Christmas Day after sides make handshake agreement

NBA owners and players reached a tentative agreement early Saturday morning to end the 149-day lockout and plan to begin the delayed season on Christmas Day.

Here are some highlights:

**The deal:** Largely completed around 3 a.m. ET Saturday, then announced. More details still must be tackled including dismissing all pending lawsuits, making the National Basketball Players Association an actual union again and vot-

ing by both the players and owners to ratify the agreement.

**Key dates:** Dec. 9 (free agency opens, camps open), Dec. 25 (games begin).

**Owners' biggest win:** Reducing the players' guarantee of basketball-related income to no higher than 51 per cent after they received 57 per cent under the previous collective bargaining agreement. With each BRI point worth about \$40 million US based on last season's revenues, that's a

swing of at least \$240 million annually, erasing most of what owners said were \$300 million in losses last season.

**Players' biggest loss:** The NFL style hard cap and non-guaranteed contracts they sought. The system is in fact similar to the old one, just with harsher luxury tax penalties to limit spending.

**Players' biggest win:** The preservation of the mid-level exception — though in a reduced form — and various trade rules for teams over the luxury

tax, keeping the biggest market teams in the running to bid for them, even if they can't pay as much as they used to.

**Players' biggest loss:** Money. They're transferring more than \$1 billion in salary and benefits to owners in the first six years of the deal.

**What's next:** Look for talks early this week on a pre-season schedule, the dismissal or settlement of pending lawsuits, then movement toward getting the entire CBA written.

**THE ASSOCIATED PRESS**

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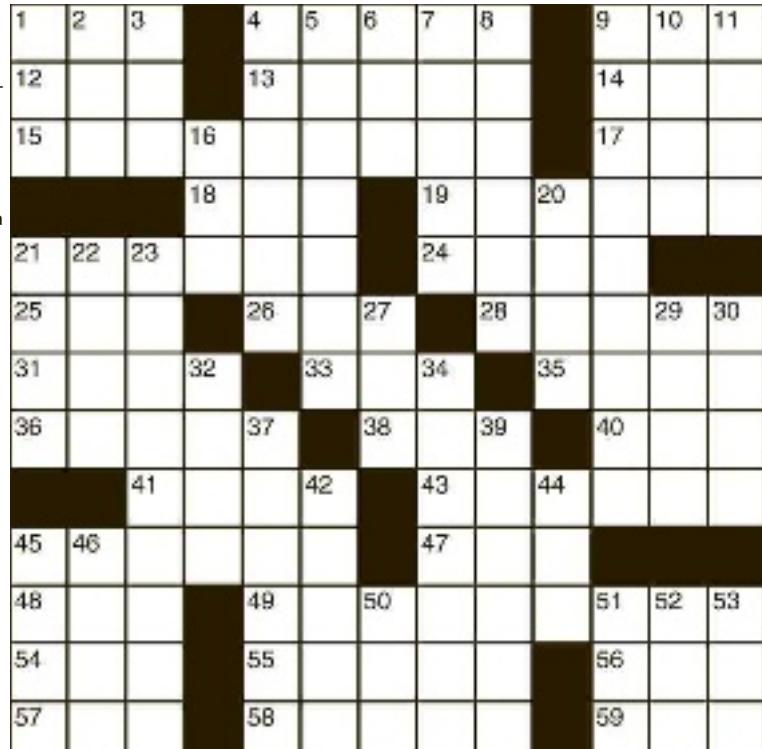
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## Crossword

**Across**

1 Cambridge sch.  
4 Tweak the Constitution  
9 Letterman's net-work  
12 Fuss  
13 Alamo hero with a knife named for him  
14 Feedbag morsel  
15 Part  
17 Biz deg.  
18 Commercials  
19 Quartz variety  
21 Baked potato's skin  
24 Liniment target  
25 Swelled head  
26 Stitch  
28 Esteem  
31 Simple arithmetic  
33 Sinbad's bird  
35 — St. Vincent Millay  
36 Come to a point  
38 Bankroll  
40 Charged bit  
41 Brewery products  
43 New Jersey airport  
45 OK for dieters  
47 Parisian pal  
48 Boxer Muhammad  
49 ENIAC and its successors  
54 Life story, for short  
55 Judge, at times  
56 Caustic solution  
57 Male offspring  
58 Logic  
59 Doctor's due  
**Done**  
1 Buddy  
2 Altar affirmative  
3 Cruise or Selleck



4 Homes 29 — about (approximately)  
5 Dr. Frankenstein's creation 30 Hierarchy level  
6 Female sheep 32 Narcissist's love  
7 Martial arts mercenary 34 Finger food  
8 Remove (from) 37 Does a double-take  
9 Digests of a sort 39 Coy  
10 Movie pig 42 Emporium  
11 Celebrity 44 Humor  
16 Neighbor of Afgh. 45 Apprehends  
20 Oxford, e.g. 46 Hodgepodge  
21 Make jokes 50 60 sec.  
22 Water (Sp.) 51 Sprite  
23 Chum 52 "Catcher in the —"  
27 "Holy moley!" 53 Witness

## ► Yesterday's answer



For today's crossword answers and for expanded horoscopes, go to metronews.ca

**Aries** March 21-April 20 Although a lot of the time you don't take life too seriously, today something will strike you as of life or death importance. It isn't, so stop worrying.

**Taurus** April 21-May 21 Anyone who doubts your ambition is about to learn just how tough a Taurus can be.

**Gemini** May 22-June 21 You will need to trust someone else's judgment today.

**Cancer** June 22-July 22 Don't do everything at the last minute.

**Leo** July 23-Aug. 23 You won't



## Today's horoscope

hesitate to throw your weight around a bit if you think it will bring you the things you desire.

**Virgo** Aug. 24-Sept. 22 You must listen carefully to both sides of the story you are currently being told.

**Libra** Sept. 23-Oct. 23 Seek out people who know how to get the best out of life, who know how to have fun.

**Scorpio** Oct. 24-Nov. 22 No matter how far you may be behind in your schedule you can still get everything done that has to be done.

**Sagittarius** Nov. 23-Dec.

21 You may think that nothing is beyond you and no doubt you are right.

**Capricorn** Dec. 22-Jan. 20 Your problem? You think too much!

**Aquarius** Jan. 21-Feb. 18

Times are good and about to get even better and those who say you should be cautious must be ignored.

**Pisces** Feb. 19-March 20 At some stage this week you are going to have to choose which is the more important to you: your private life or your career.

• SALLY BROMPTON

## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Yesterday's answer ►



## Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

*my boy*  
A special smile a special face  
A special someone no one  
can replace I love you and  
always will You have filled a  
space no one could fill  
**FROM DAISY**

*Sunshine Aura*  
A, would like your presence  
sincerely calling out to you.  
Presently, at home, cozy and  
warm. Hope all is well with  
you and heading in the direc-tion  
your fate is taking you.  
Google, myspace, facebook,  
youtube, ymail, etc. ;)  
Giggles! Will msg you back  
new digits with zest! To A  
from me!

**FROM MOON BEAMS**

*My KyeKye*  
i love you, your amazing and  
make me very happy I am so  
thankful to have someone  
like you in my life <3 you  
mean a lot to me and I just  
thought you should know.  
xox <3

**FROM SHAY**

## Today



8°/T  
Partly cloudy

## Tuesday



8°/-1°  
Rain  
90%

Know what the weather  
will be 14 days from now.  
Check the 14 day trend.

© The Weather Network 2011



## Caption contest

"Oh,  
Santa,  
we're not all  
baaad!"  
**CAROL-FAYE**



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Write a funny caption for the  
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**08 LandRover LR2 SE**



• 4x4, Loaded, Auto  
• st: 32103  
• km: 82605  
**\$21,870**  
\$192\*\*  
Bi-weekly

**07 Mazda CX-9**



• Loaded, A/C, Auto, roof  
• st: 32834  
• km: 80397  
**\$17,950**  
\$164\*\*  
Bi-weekly

**08 Benz B200**



• Loaded, A/C, Auto, roof  
• st: 32353  
• km: 66500  
**\$16,880**  
\$163\*\*  
Bi-weekly

**08 Wave**



• Std  
• st: 32863-A  
• km: 42364  
**\$7,750**  
\$71\*\*  
Bi-weekly

**09 Kia Spectra LX**



• Loaded, A/C, Auto  
• st: 31179  
• km: 55680  
**\$8,980**  
\$81\*\*  
Bi-weekly

**09 Nissan Versa**



• Loaded, A/C, Auto  
• st: 32887-A  
• km: 79501  
**\$10,950**  
\$89\*\*  
Bi-weekly

**06 LandRover LR3 SE**



• 4x4, Loaded, Roof, Lthr, Auto  
• st: 32692  
• km: 57516  
**\$21,850**  
\$233\*\*  
Bi-weekly

**10 Touareg**



• 4WD, Loaded, Roof, Lthr, Auto  
• st: 32759  
• km: 28556  
**\$36,750**  
\$284\*\*  
Bi-weekly

**09 Toyota Venza**



• AWD, Loaded, A/C, Auto, Roof  
• st: 31787  
• km: 22487  
**\$25,850**  
\$208\*\*\*  
Bi-weekly

**11 Mazda3**



• Loaded, A/C, Auto  
• st: 32871  
• km: 28520  
**\$15,950**  
\$129\*\*  
Bi-weekly

**07 Toyota Yaris**



• Std  
• st: 33182  
• km: 115022  
**\$6,740**  
\$61\*\*  
Bi-weekly

**10 Kia Soul**



• Loaded, A/C, Roof, Auto  
• st: 32895  
• km: 53986  
**\$15,950**  
\$134\*\*  
Bi-weekly

**05 BMW X3**



• Loaded, A/C, Lthr, Auto  
• st: 33083  
• km: 91991  
**\$17,880**  
\$188\*\*  
Bi-weekly

**07 Cadillac SRX**



• AWD, Loaded, Roof, Auto  
• st: 33059  
• km: 55939  
**\$19,980**  
\$182\*\*  
Bi-weekly

**09 Lexus RX350**



• AWD, Loaded, Lthr, Roof, Auto  
• st: 32858  
• km: 45574  
**\$31,870**  
\$247\*\*\*  
Bi-weekly

**09 Kia Rio**



• Loaded, A/C, Auto  
• st: 32437  
• km: 63588  
**\$9,820**  
\$79\*\*  
Bi-weekly

**07 Accent GLS**



• Loaded, A/C, Auto  
• st: 33148  
• km: 98363  
**\$6,850**  
\$62\*\*  
Bi-weekly

**07 Honda Civic**



• Loaded, A/C, Auto  
• st: 31207  
• km: 77376  
**\$11,650**  
\$106\*\*  
Bi-weekly

**08 Benz C300**



• 4matic, AWD, Loaded, Roof, Lthr  
• st: 33099  
• km: 79995  
**\$26,840**  
\$235\*\*  
Bi-weekly

**08 BMW 128i**



• Loaded, A/C, Roof, Lthr, Auto  
• st: 33071  
• km: 78474  
**\$21,870**  
\$192\*\*  
Bi-weekly

**07 Benz ML320**



• Diesel, AWD, NAV, Roof, Lthr  
• st: 32168  
• km: 72545  
**\$32,680**  
\$304\*\*  
Bi-weekly

**11 Suzuki Swift**



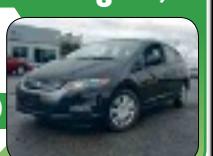
• Loaded, A/C, Auto  
• st: 32804  
• km: 24243  
**\$11,960**  
\$97\*\*  
Bi-weekly

**07 Pontiac G5 Coupe**



• Std  
• st: 32965  
• km: 55257  
**\$7,350**  
\$67\*\*  
Bi-weekly

**10 Honda Insight Hybrid**



• Loaded, A/C, Auto  
• st: 31958  
• km: 53737  
**\$18,800**  
\$152\*\*  
Bi-weekly

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LOADED, A/C, AUTO • 72601km  
st:32108 • **\$16,940** • bw:\$154\*\*

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A/C, AUTO • km:108878  
st:33022 • **\$8,950** • bw:\$82\*\*

**10 FUSION SE**

LOADED, A/C, AUTO • 66478km  
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**07 TOYOTA RAV4 4WD**

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**07 LEGACY AWD**

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st:28575 • **\$15,950** • bw:\$154\*\*

**08 ROGUE S**

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**11 SONATA**

LOADED, A/C, AUTO • 56556km  
st:32771 • **\$17,950** • bw:\$145\*\*\*

**10 PATRIOT 4WD**

LOADED, A/C, AUTO • 59739km  
st:32942 • **\$15,950** • bw:\$129\*\*\*

**08 LIBERTY NORTH EDITION 4WD**

3.7L, LOADED, A/C • 42002km  
st:11146-A • **\$16,950** • bw:\$154\*\*

**07 VOLVO XC70 AWD**

LOADED, A/C, AUTO, LEATHER  
• 112608km st:32911  
• **\$16,980** • bw:\$155\*\*

**08 TRIBUTE**

LOADED, A/C, AUTO • 95530km  
st:33175 • **\$11,950** • bw:\$109\*\*

**11 PATHFINDER**

LOADED, A/C, AUTO • 27056km  
st:32697 • **\$28,970** • bw:\$224\*\*\*

**10 COROLLA CE**

LOADED, A/C, AUTO • 62483km  
st:32949 • **\$12,950** • bw:\$112\*\*\*

**11 ESCAPE XLT 4WD**

LOADED, A/C, AUTO • 28327km  
st:32782 • **\$22,950** • bw:\$178\*\*\*

**08 ACCORD**

LOADED, A/C • 107112km  
st:32664-A • **\$13,750** • bw:\$125\*\*

**09 DODGE JOURNEY**

LOADED, A/C • 41987km  
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**07 MAZDA CX-7**

LOADED, A/C, ROOF, AUTO • 79946km  
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**10 MATRIX**

LOADED, A/C, AUTO • 61657km  
st:32449 • **\$14,950** • bw:\$121\*\*\*

**08 SANTA FE GLS AWD**

LOADED, A/C, AUTO • 92401km  
st:33044 • **\$14,950** • bw:\$136\*\*

**10 GR.CARAVAN SE**

STOW N GO, LOADED, A/C • 62166km  
st:32867 • **\$15,950** • bw:\$129\*\*\*

**07 SATURN VUE UTILITY**

LOADED, A/C, AUTO • 47893km  
st:32179 • **\$10,650** • bw:\$97\*\*

**10 SENTRA XTRONIC CVT**

LOADED, A/C, AUTO • 65580km  
st:33061 • **\$12,450** • bw:\$101\*\*

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